

IMPACT OF ORGANIC AND CONVENTIONAL FARMING PRACTICES ON SOIL QUALITY: A GLOBAL REVIEW

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Abstract. As world population grows, the demand for food production increases ultimately creating a huge pressure on our shrinking natural resources. With this increased demand for food researches have realized that conventional farming would neither be able to increase productivity nor would be able to improve the soil quality and there is a need for an alternative farming practice to conserve our environment while sustaining the natural resources. Among the alternative practices, organic farming, which is very popular, aims at reducing the use of synthetic fertilizers and pesticides in order to improve production and ecosystem health. The aim of our paper is to compare the long term effects of conventional and the alternative organic farming practices on soil quality and crop productivity as they are considered to be two major indices that measure agricultural sustainability on long term basis. Therefore, many studies around the world are evaluating the organic farming practices as an alternative was found to be superior in their physical, chemical and biological properties than their conventional counterparts. In addition, the studies showed that the organic farming practices are economically viable in the long term for both crop productivity and environmental sustainability.

Keywords: *management practices, soil properties, microbial communities and soil quality*

Introduction

“Soil: A living and life-giving natural resource, dynamic natural body on the surface of the earth in which plants grow, composed of mineral and organic materials and living forms.” N. C. Brady

The world's populations currently is increasing at an exponential rate and as the demand for food production increases, tremendous pressure and demands are going to be positioned on our natural resources like soil. Conventional methods of farming largely include the use of high dose of synthetic fertilizers and agrochemicals with heavy reliance on tillage practices which will continue to be the customary method of fabrication and the penalty will be reflected in terms of diminished soil quality, affecting the soil's ability of crop production (Gomiero et al., 2011). In contrast, organic farming attempts to mimic or follow natural processes that tend to improve soil and plant health while preserving soil and water resources (Gomiero et al., 2011). These intensive farming practices have resulted in a decline in soil organic matter affecting the soil physical, chemical and biological properties. The declining soil quality due to reduced level of organic matter is imposing a serious threat to sustainability of present agricultural systems which are completely relying on agro-chemicals and high energy

inputs. These inputs have an enormous deleterious impact on soil and water, causing degradation in form of erosion, alkalinity, salinity, acidification, water logging, macro and micronutrients deficiencies that ultimately affect soil quality and crop productivity (Lopes et al., 2011). In addition, excessive use of fertilizers and pesticides causes the accumulation of toxic elements that are resistant to degradation in the soil. It is well established that overall, conventional farming leads to degradation of soils, and certainly going to create problems in achieving the target of sustainability in terms of agricultural production. These challenges questioning to sustainability are going to be accelerated by affecting natural weather phenomenon such as longer periods of drought, which may be attributed to climate change (Montgomery, 2007a). Further, leaching losses of nitrate cause eutrophication of surface waters and contamination of groundwater. Moreover, when soil applied pesticides fails to reach the target, they affect adjacent ecosystems through leaching or aerial drift affecting the diversity and abundance of non targeted microorganisms causing negative effects on ecosystem processes and trophic interactions (Pimentel and Edwards, 1982). There is growing realization among agricultural scientists that though the conventional farming practices have led to achieve the target of self sufficiency (increased food production) but it was at the cost of quality of food, deterioration in environment and degradation of natural resources. Therefore, there is a growing concern about the environmental, economic and social effects of chemical-dependent conventional farming system that have led the scientific community to seek alternative systems that may make agriculture more sustainable and profitable.

Though, agricultural practices are of numerous types and based on the farming techniques they can be generalized as organic, sustainable or conventional. Organic farming aims to thrive plenty of crops, without inclusion of synthetic fertilizers or growth regulators, while sustaining soil quality. This can be called as a traditional method of farming that completely relies on ecosystem services, maintains the integrity of the soils while attaining potential yields (Willer and Lernoud, 2013). Organic farming relies on on-farm techniques of crop rotation, use of organic manures such as vermicompost, farmyard manure (FYM) etc., however, noticeable changes in soil properties could occur only after several years of continuous adoption of these practices. The real picture of overall sustainability with organic farming practices, however, continues to face many challenges. For instance, the Rodale Institute Farming System trial is a well-received study that started in 1981 and has continued to the present (Rothamsted Research, 2005). The experimental trials represent a holistic comparison of the effects of the conventional and organic farming practices soil health, and the study also analyzed the crop yields, economic and energy inputs, and human health and clearly indicated that organic farming was found to be superior in every aspect over conventional system of management (*Fig. 1*).

Due to the many different factors determining crop productivity and soil health, there is a need for much more extensive research on the subject. Therefore, goal of writing this review paper was to use reliable, long-term research that made specific assessments of the two generalized types of farming and then compare the results.

Review of work done

The pertinent literature on the evaluation of soil quality under different land management practices has been reviewed under the following heads:

Soil physical properties

Bulk density
Infiltration rate
Aggregate size distribution
Moisture retention characteristic

Soil chemical properties

pH, EC, CaCO₃
Soil organic carbon and its fractions
Available N, P, K and micronutrients

Soil biological properties

Microbial biomass carbon
Microbial population and enzymatic activities

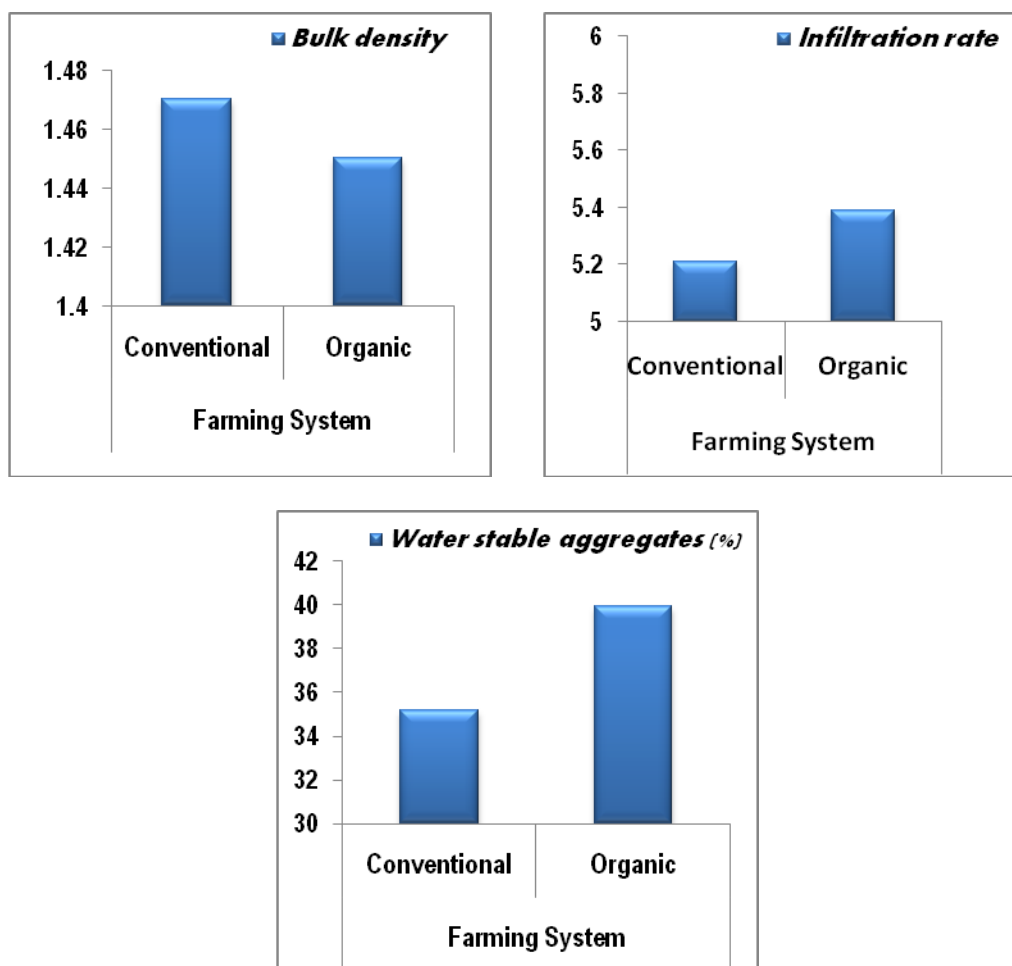


Figure 1. The bulk density, infiltration rate and WSA of soils under organic and conventional farming system (Sheoran, 2018)

Soil physical properties

Bulk density

The literature available on the effect of organic farming on soil bulk density is controversial. Some of the long-term trails have shown no significant difference in bulk

density (Rothamsted Research, 2005) between organically and conventionally managed soils while other have reported reduction in bulk density (Shepherd et al., 2002; Chen et al., 2011; Hati and Bandyopadhyay, 2011). The continuous application of organic material reduces compaction, bulk density and penetration resistance (Chen et al., 2011) and provides more favorable physical properties than in the conventional fertilized systems in surface soil. Quist et al. (2006) studied the influence of alternative and conventional management practices on soil physical and hydraulic properties and reported that bulk density in the surface layer was 3% lower under alternative management practices (1.39 Mg m^{-3}) than under conventional practices (1.43 Mg m^{-3}). Sihi et al. (2017) studied soil health in organic versus conventional farming of basmati rice (*Oryza sativa*) in North India and reported lower bulk density (1.26 and 1.31 Mg m^{-3} in organic and conventional farming, respectively) under organic farming. Similar results were also reported by Suja et al. (2017) in Taro (*Colocasia esculenta* (L.) Schott).

Infiltration rate

The land-use pattern and the land-management i.e., conventional and organic farming, both have different impacts on the infiltration capacity and water storage of the soils. Continuous application of organic matter helps in improving soil structure and subsequently alteration in pore size distribution. Levick (1992) found significantly higher water infiltration, porosity, organic carbon and soil respiration, and lower bulk density and penetration resistance in bio-dynamically farmed than the conventionally farmed soils. High inputs of fertilizers and the use of heavy machinery leads to soil compaction and loss of soil biological activity while organic farming system produces a sustainable soil structure with high biological activity which enhances water infiltration and soil water-holding capacity (Poudel et al., 2001; Quist et al., 2006; Jenkins et al., 2011; Williams et al., 2017). Furthermore, the biological activities supported by organic farming have plenty of bio-pores which in turn enhance water infiltration rates into the soil (Schnug and Haneklaus, 2002). Organic farming system is more useful for earthworm populations as compared to the conventional system resulting into greater number and biomass of earthworms which produce more “biopores” in the soil, and hence creates higher infiltration capacity (Schnug et al., 2004). Fueki et al. (2012) carried out a study to clarify the differences in physical aspects (water permeability and macropores) between organically and conventionally managed soils and reported that the infiltration rate was 6-10 times higher in organic soils than in conventionally managed soils, owing to larger macropores in organic management. Similar results were published by Das et al. (2015) for north-east India reporting the infiltration rate of 3.18 cm hr^{-1} in the conventional to 17.69 cm hr^{-1} in the organic fields.

Aggregate size distribution

The effect of organic farming on aggregate stability in apple (*Malus domestica*) orchard was assessed by Chung (2007) in relation to conventional farming and results revealed that organic farming produced greater aggregation in $>2 \text{ mm}$ size and increased aggregate stability. Zhao et al. (2017) studied the stability and size distribution of soil aggregates under different land uses and measured as mean weight diameter, the percentage of water-stable aggregate and the percentage of each size fraction. The study suggested that land use affected the stability and size distribution of

soil aggregates through the integration of soil organic matter and types of land use. Greater organic matter buildup in organic fields is critical to increase soil aggregate stability (Papadopoulos et al., 2006; Thuries et al., 2001; Sihi et al., 2017). In a study in Switzerland analyzing both biodynamic and organic plots compared to conventional (Fließbach et al., 2007) it was found that significantly higher aggregate stability and water infiltration rates occurs within the organically managed fields, however, a number of European studies found no difference between conventional and organic (Petersen et al., 1997). Higher aggregate stability was measured in organic than in conventional farming systems (Siegrist et al., 1998). Soil aggregate stability was strongly correlated with earthworm activity which was found to be higher under organic than under conventional management (Mader et al., 2002). Organic farming with animal manure has been shown to increase water-stable aggregates compared with conventional farming with inorganic fertilizers (Pulleman et al., 2004).

Moisture retention characteristic

Water retention and transport capacity of a soil is greatly influenced by addition of organic matter and tillage practices (Franzluebbers et al., 2000; Shukla et al., 2003). Organic matter addition and decomposition added organic matter leads to alteration of pore size distribution which is directly related to water retention, storage, and transport within the soil. Although the volume of transmission pores has been reported to be decreased with time under organic farming primarily at 10-20 and 20-30 cm depths but there was only little variation in other physical properties related to soil structure (Ikemura et al., 2008) invalidating the hypothesis that manure application would show better soil structure in organic than conventional farming. Krol et al. (2013) compared the effect of organic and conventional management systems on various soil properties including total porosity, water and ethanol sorptivity, repellency index, and tensile strength of soil aggregates and found that infiltration and sorptivity of water in aggregates were greater under organic than conventional management practices. There were significant differences in soil bulk density, porosity and water content among soils from organic and conventional management systems (Liu et al., 2007). The physical properties such as saturated and unsaturated hydraulic conductivity, water retention capacity, bulk density, total porosity, pore size distribution, soil resistance to penetration, aggregation, and aggregate stability were improved in plots amended with sewage (Aggelides and Londra, 2000). Similarly, Williams et al. (2017) investigated the long term impacts of organic management on soil aggregate stability, bulk density, water infiltration, saturated hydraulic conductivity, and soil water retention characteristics. Results indicated that organically managed soils have more water-stable aggregates, greater ability to absorb irrigation water, and less compactable than conventionally farmed soils. Mean weight diameter of water-stable soil aggregates increased by fifty percent with the organic management. Sunita (2015) reported that plant available water content and water retention capacity showed increased values in organic soil, compared with conventionally farmed soil. The organic farming based on animal or green manure improved physical properties of soils by lowering its bulk density, increasing water-holding capacity and improves infiltration rates (Lee et al., 2006). The higher porosity at the macroscale in soil under conventional management was due to fewer larger pores while meso and micro scale porosity was found to be greater under organic management. Organically managed soils typically provided spatially well distributed pores of all sizes and of greater roughness compared to those

under conventional management. Malik et al. (2014) attempted to find difference in physical properties of soils under conventional and organic management. Data indicated that water retention was significantly higher (59.43%) at surface depth and (60.30%) value for subsurface depth under organic treatment. However, many benefits arise from increased organic additions to the soil (a practice common in organic agriculture) such as improvements in fertility and water holding capacity (Bhogal et al., 2009; Wortman et al., 2011), increase in soil resilience by reducing susceptibility to erosion, retaining soil moisture levels (water retention), and increasing the overall capability of the soil to maintain production (Shepherd et al., 2003). In the study conducted by Zeiger and Fohrer (2009), soil moisture content in the organic farm was relatively higher in comparison to conventional farm. Organic agriculture management promotes the maintenance of higher soil organic matter (Lampkin et al., 2011) and higher microbial biomass, larger fractions of mineralizable C and N, and greater microbial C and improvement inter aggregate stability (Reganold et al., 2010). Thus the physical properties of the soil can be used as indicators for making assessment of soil-quality and assessing sustainability of organic farming systems.

Adoption of organic farming was found to significantly influence the physical properties of soils (*Fig. 1*) and it can be concluded that conversion of land from conventional to organic farming system in long run have the potential to improve the soil physical properties and provide a prominent strategy for enhancing soil physical health while achieving the target of agricultural sustainability.

Soil chemical properties

pH, EC and CaCO₃

Organic farming system has been reported to increase the pH (Ikemura et al., 2008; Chin et al., 2010; Otero et al., 2010; Mendoza et al., 2011; Lee et al., 2014; Suja et al., 2017) and electrical conductivity (EC) (Ikemura et al., 2008; Mendoza et al., 2011) of acid soils and improve the availability of nutrients without exhausting the soil (Otero et al., 2010). The EC values mostly increased with increasing amount of time under organic farming. A comparative study of organic and conventional farming system at three different slope sections (Chong et al., 2008) showed that the soil pH increased in organics as compared to conventional farming plots. In his case study on chemical properties, microbial biomass, and activity between soils of organic and conventional horticultural systems under open field management. Ge et al. (2011) however observed highest pH (8.38) in conventionally managed plots followed by organic management (8.03). Herencia et al. (2007) and Abu-Zahra and Tahboub (2008), however reported no difference in soil pH, EC and calcium carbonate among plots managed organically as well as conventionally. On the other hand, Sihi et al. (2017) reported the enhanced availability of nutrients in organic fields due to favorable soil pH. Soil pH was 0.5 unit lower and EC was 26% lower in organic fields as compared to conventional fields due to excessive salts accumulations from chemical fertilizer usage (Velmourougane, 2016).

Soil organic carbon and its fractions

A large volume of literature is available which supports that long term organic farming increases the soil organic carbon (SOC) quite significantly over the conventional system under different crops/cropping systems (Liebig and Doran, 1999;

Marriott and Wander, 2006; Leifeld et al., 2009; Aher et al., 2015; Jadhav et al., 2016; Gajda et al., 2016; Maharjan et al., 2017) including integrated use of organic and fertilizers (Aher et al., 2015). The magnitude of increase in organic carbon was, however, observed to be higher in fields receiving farmyard manure (FYM), neem cake and vermicompost (Jadhav et al., 2016). It is largely reported that organic farming increases the content of particulate organic matter fraction in total organic matter.

Different fractions of soil organic carbon have been reported to respond differentially to land use and management (Degryze et al., 2004; Malhi et al., 2011; Benbi et al., 2012). Benbi et al. (2012, 2016) found significantly higher concentration of particulate organic carbon (POC) in organically amended plots under rice wheat system than the ones receiving fertilizer nitrogen only. The POC pools were lower, however, in subsurface than the surface soil. Addition of farmyard manure (FYM) alone or in combination with rice straw enlarged the light fraction organic carbon (LFOC) pool by 263 and 383%, and heavy fraction organic carbon (HFOC) pool by 62 and 127%, respectively, with insignificant effect on mineral associated organic carbon (MOC). Marriott and Wander (2006) investigated the veracity of common perceptions about soil organic matter quantity in organically and conventionally managed soils by evaluating the relative responsiveness to organic management of particulate organic matter (POM). The results revealed that organic management enriched the soil particulate organic carbon (POMC) by 30 to 40% relative to the conventional and this level of enrichment was two to four times greater than that in any other fraction. Similar results were earlier reported by Fortuna et al. (2003). Wander and Traina (1996) reported that organic systems had significantly higher quantities of carbon in its light fraction and heavy fraction than the conventionally managed soils.

In many studies, the SOC stocks under organic and conventional systems of farming have also been compared (Canqui et al., 2013; Leifeld and Fuhrer, 2010). Canqui et al. (2013) found the organic farming to increase SOC stocks, aggregate associated SOC and POC concentrations but only in surface soil depth. The SOC stock under organic cattle manure system was 19% greater than under conventional farming (33.1 Mg ha^{-1}). Leifeld and Fuhrer (2010) reported that higher SOC accumulation in organic systems is mainly due to the higher application of organic fertilizer compared with most conventional farming systems. Converting cropland to organic production may provide significant GHG reduction opportunities over the next few decades by increasing the soil organic carbon stocks (Kumar, 2012). Mohamad et al. (2016) reported that manure was the primary contributor to increased SOC in the organic system, resulting in a higher efficiency of carbon sequestration in the soil following the addition of soil organic matter. The contribution of the manure to increased SOC compensated for the higher carbon emission from the organic system, resulting in higher negative net carbon flux in the organic versus the conventional system.

Available N, P, K and micronutrients

Various studies have been reported that organic farming have potential to increase the level of total nitrogen, nitrate and available phosphorus in soil and prevent nutrients leaching (Hansen et al., 2001; Diepeningen et al., 2006) due to manure inputs and the use of cover crops. Herencia et al. (2007) conducted a study over a period of nine years in Spain and found that organic farming management resulted in higher soil organic carbon, N and available P, K, Fe and Zn. The available Mn and especially Cu values did not show significant differences. Liebig and Doran (1999) presented significantly higher

total soil nitrogen in the organic farm than in the conventional farm. Studies that compare organic and conventional farming practices in soils show higher organic matter and macronutrient contents under organic farming (Edmeades, 2003). Monokrousos et al. (2006) found significantly higher extractable soil phosphorus content in organic asparagus (*Asparagus officinalis*) field in comparison to conventional field. In contrast, Romanya and Rovira (2009) indicated significantly higher soil phosphorus content in conventional farm in comparison to organic farm. Andrist et al. (2007) compared soil potassium content between conventional farm and organic farm from 1987 to 2004 in Sweden and found non-significant difference. Lotter (2003) indicated that organic farm can either have significantly higher or no significant difference in soil potassium content than in conventional farm. A comparative study of commercial organic and conventional vegetable farming systems was carried out by Shrestha (2014) to find out impact of different farming systems on soil properties. Results showed that total soil nitrogen and available soil nitrogen content were significantly higher in comparison to the organic farm. Available soil potassium content was significantly higher in the organically managed soil than in the conventionally managed soil. Sudhakaran et al. (2013) found that soils from organic farms had improved soil chemical parameters (total elements and available nutrients) and higher level of total N, P, K, Ca, Mg, Fe, Cu, OC, $\text{NH}_4\text{-N}$, $\text{NO}_3\text{-N}$, $\text{SO}_4\text{-S}$ and soluble sodium. A short term organic farming resulted in higher SOC, N and available P, K, Fe and Zn but not available Mn and Cu in soil. Smitha et al. (2015) carried out a study on soil and plant nutrient status as influenced by organic farming in Long pepper (*Piper longum*) and reported that the application of organic manures has a significant impact on plant and soil nutrient and increased the levels of available NPK and microbial population in the soil after three years of cropping. Sihi et al. (2012) and Askegaard and Eriksen (2007) observed a higher available (potentially mineralizable) N concentration in organic systems resulting from the substantial input of nitrogen from different organic manures which mainly include green manures and legumes that release nitrogen simultaneously with the plant demand and reduce nitrogen loss through leaching and volatilization. Likewise, organic farming with legumes and organic amendments (i.e., manure) often increases nutrient concentrations and biological activity (Pelosi et al., 2015). For example, in eastern Nebraska, organic matter, Ca, K, Mg, and Zn concentrations increased with organic farming (Wortman et al., 2011). Uddin et al. (2016) studied the impact of organic and conventional practices on physico-chemical properties and reported the significant increase in the health properties including pH, available organic matter, nitrogen, and P, K, Ca, and S increased significantly in the compost-amended soils compared to the conventional practices. Similarly, Aher et al. (2015) observed that available nitrogen (125 mg kg^{-1}) and P (49.7 mg kg^{-1}) were significantly higher in the plot managed organically while available K (320.1 mg kg^{-1}) was not significant with respect to chemical and integrated practices.

The long-term effects of organic versus conventional farming on soil properties were reviewed and from the literature it can be revealed that organic farming can be considered as an eco-friendly as compared to conventional farming in maintaining soil health. Shifting from conventional to organic farming enhanced the soil organic carbon and its fractions and overall carbon stocks in soils were observed to be higher in organic soils over the conventionally managed soils with higher available plant nutrients (Figure 2).

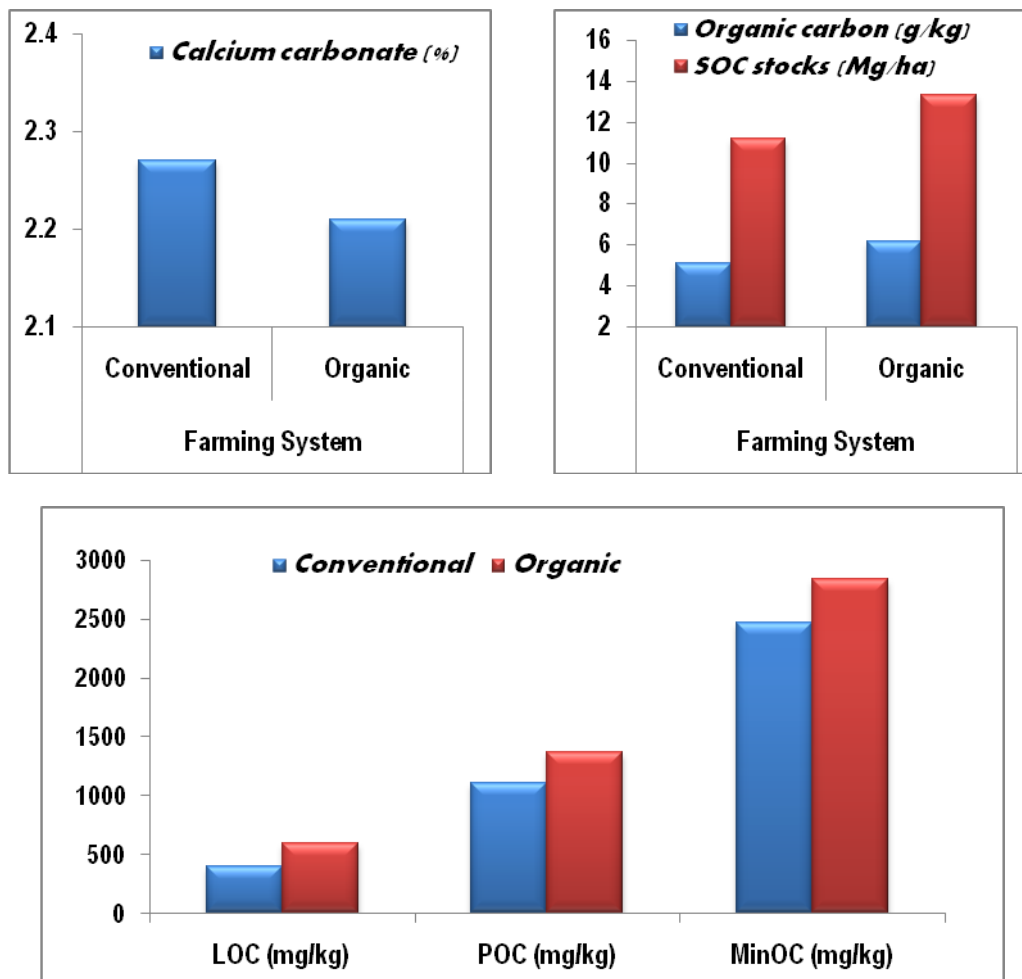


Figure 2. Some chemical properties of soils under organic and conventional farming system (Sheoran, 2018)

Soil biological properties

Microbial biomass carbon

Microbial biomass has been found to be higher in organically managed soils than in conventionally managed (Schjonning et al., 2002; Crecchio et al., 2004; Melero, 2006; Araujo et al., 2009; Amaral et al., 2011) due to the permanent input of organic residues with high C/N ratio. Liu et al. (2007) reported that soils under organic farming had higher microbial biomass carbon and nitrogen, and net mineralizable N. In addition, soil microbial respiration was higher in soils from organic than conventional farms indicating higher microbial activity and populations of Fungi and thermophiles (Thermophilic detected in this study were mainly Actinomycetes; which are indigenous soil bacteria which can be responsible for both the degradation of plant debris and inhibition of soil borne diseases) were also significantly higher in soils from organic than conventional managed fields. Similarly, Okur et al. (2009) reported that SOC and soil microbial biomass C, and protease, urease, alkaline phosphatase, and dehydrogenase activity were significantly higher in the organic farming system than the conventional system.

Stark (2008) evaluated the effect of two organic and conventionally managed sites on soil microbial biomass. The organic site has been managed under a low input six year rotation (*Lolium perenne*, *Medicago sativa* and *Trifolium repens*) and organic fertilization with compost or manures. The results showed positive effect of the management on soil microbial biomass. The influence of different farming systems on microbial community were analyzed using samples from long term field experiment in Switzerland by Esperschütz (2007). The experiment comprised organic and conventional farming systems as well as an unfertilized as control. They observed higher concentrations of phospholipids fatty acids in organic system, indicating a clear influence of the system on microbial biomass. Gajda et al. (2016) found higher activity of microorganisms as measured by fluorescein diacetate hydrolysis under organic farming. Maharjan et al. (2017) studied the effect of land use and management practices on microbial biomass and enzyme activities in subtropical top and sub-soils and found that organic C and N contents as well as microbial biomass were significantly higher in the organic farming topsoil as compared to conventional farming.

Microbial population and enzymatic activities

Benbi et al. (2016) studied the differences in soil organic carbon fractions and biological activity between organic and conventionally managed rice-wheat fields. Under both the systems of management, the highest population was of culturable Bacteria followed by Actinomycetes and the least in case of Fungi in terms of their population which is represented in numbers. The population of culturable Bacteria, Fungi and Actinomycetes were significantly higher under organic than conventional system of farming. Lopes et al. (2011) ascertained that both organically and conventionally farmed soils show temporal variations in the functional but not in the bacterial community structure. Use of an organic fertilizer instead of a synthetic fertilizer is reported to reduce groundwater contamination, improve microbial activity, recycle dairy/poultry wastes and improve soil physical and chemical properties (Pang and Letey, 2000; Poudel et al., 2002). In recent years, multiple studies comparing conventional and organic agriculture have reported differences in soil properties, higher microbial activity and diversity in organically managed soils, or distinct microbial profiles between the two systems (Wu et al., 2008). Bobulska et al. (2015) reported large differences between the organic and conventional sites in terms of microbiological properties, which are sensitive soil indicators of changes occurred under different farming systems. The study confirmed the positive influence and higher microbial activity indices of ecological farming (36% higher enzymatic activity, 65% higher soil respiration content, 60% higher soil microbial biomass carbon content) compared to conventional farming system. Moeskops et al. (2010) compared the effect of organic and conventional farming practices on soil microbial dynamics in West Java, Indonesia and concluded that based on the amounts of marker fatty acids, all microbial groups considered (Actinomycetes, Bacteria, AMF and Fungi) were significantly higher in organically managed soil than in soil from conventional farms ($P < 0.01$, except for Fungi: $P < 0.05$). Babu et al. (2014) conducted a field study to determine the vertical distribution of carbon, nitrogen and other soil properties in four representative soil profiles, one each from <3 years, 3-6 years and >6 years of organic farming practice and one profile representing conventional farming system. Results showed that the enzymatic activities (dehydrogenase and phosphatase) were consistently higher in the surface layer (Ap horizon) in all the four representative profiles studied and the activity

of dehydrogenase and phosphatase of soil increased significantly in the fields subjected to organic farming for three specified time periods irrespective of cropping systems evaluated over conventional farming, with maximum activity being in the profile where organic farming has been practiced for over six years. Ge et al. (2011) carried out a comparative study of organic and conventional arable farming systems and reported the extreme differences between organic and conventional management practices and were reflected in strong differences in microbial biomass and enzyme activities. Velmourougane in 2016 evaluated the long-term impacts of organic and conventional methods of coffee farming on soil physical, chemical, biological, and microbial diversity. Organic system was found to have higher macrofauna (31.4%), microbial population (34%), and microbial diversity indices compared to conventional system. Sudhakaran et al. (2013) investigated the effects of different farm management practices (conventional and organic) on soil biochemical and microbial populations and reported that microbial population (Bacteria, Fungi, Actinomycetes, *Beijerinckia*, *Azotobacter*, Bacteria, *Rhizobium*, bacillus (Bacillus is a genus of gram-positive, rod-shaped bacteria and a member of the phylum Firmicutes. Bacillus species can be obligate aerobes (oxygen depending), or facultative anaerobes (having the ability to be aerobic or anaerobic) and phosphobacteria) were higher in soils from organic farming than sustainable and conventional farms. Carine et al. (2009) also reported that the soil enzyme activities and microbial population are higher in organically managed farm compared to the counterpart's conventional farms. Uddin et al. (2016) studied the impact of organic and conventional practices on physic-chemical properties, behavior and persistence of plant growth promoting microorganisms including *Rhizobium*, *Azotobacter*, phosphate solubilizing Bacteria etc. and reported that population of beneficial soil microbes and health properties including pH, nitrogen content, organic matter, phosphorus, K, Ca, and S, increased significantly in the compost-amended soils compared to the conventional practices. Soil enzymatic activities, organic carbon and microbial population were assessed by Jadhav et al. (2016) and reported that higher population of Actinomycetes ($118 \times 10^5 \text{ g}^{-1} \text{ soil}$), fungal ($141 \times 10^4 \text{ g}^{-1} \text{ soil}$) and Bacteria ($159 \times 10^6 \text{ g}^{-1} \text{ soil}$) were observed with the application of organic materials. Moreover, dehydrogenase and phosphatase activities were increased also increased significantly. The incorporation of cover crops or other organic soil amendments significantly improve soil microbial properties under potato (*Solanum tuberosum*) (Ochiai et al., 2008). In an apple orchard, biological soil properties were improved in the organic compared to the conventional management, however, there were significant differences in soil properties between the conventional and organic farming practices (Glover et al., 2000). Most research suggests that organic farming practices have a positive, stimulating influence on the soil microbes by enhancing diversity and improving soil functions like nutrient cycling and antagonistic potential and it was clearly established that soil quality was higher in soils under organic farming (Girvan et al., 2003; Bending et al., 2004). In general, microbial biomass, enzyme activities, soil respiration, earthworm numbers and/or activity were observed to be higher in soils under organic practices than in those receiving synthetic inorganic fertilizers. Differences in microbial diversity between organically and conventionally managed soils were small (Shannon et al., 2002), although there is evidence for greater bacterial, Actinomycetes and fungal abundance and activity under organic management (Bulluck et al., 2002; Shannon et al., 2002). Mader et al. (2002) reported higher microbial biomass and enzyme activities in organics compared to conventional system of farming with and without farmyard

manure. In contrast, some studies failed to find significant differences in microbial properties of soil between organic and conventional systems or suggested a negative impact of organic practices (Cook and Lee, 1995) while Aher et al. (2015) reported that soil organic carbon (11.3 g kg^{-1}) and enzyme activities in soil viz., dehydrogenase (DHA) ($98.20 \mu \text{ grams TPF/g soil/24 h}$) and alkaline phosphatase ($178.2 \mu \text{ grams p-nitro phenol/g soil/h}$) were significantly higher in the plots managed with organic practices with respect to conventional practices.

From the review, it was observed that organic farming showed a positive stimulating influence on the microbial populations in the soil (*Rhizobium*, *Azotobacter* and *Azospirillum*, phosphate solubilizing bacteria etc.). Overall, soil microbial populations were higher in soils under organic farming, indicating higher microbial activity under organic farming (Figure 3).

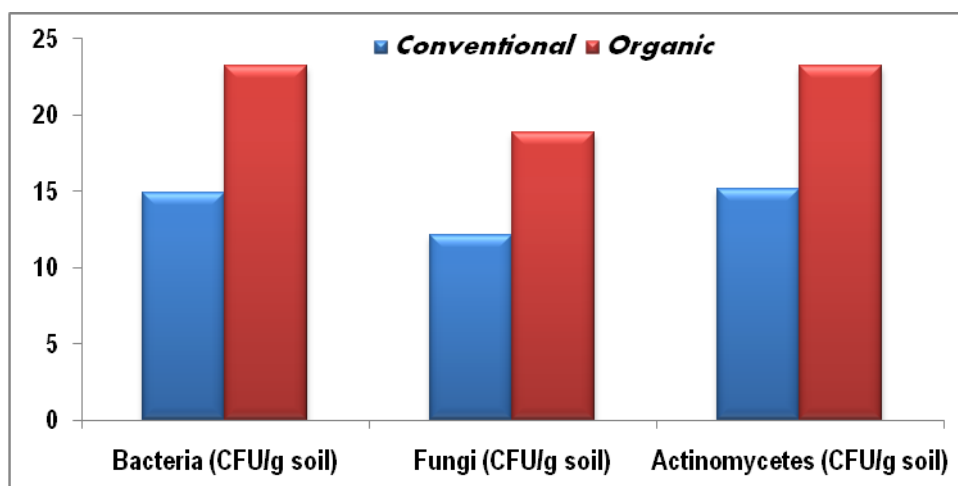


Figure 3. The bacteria, fungi and actinomycetes populations in soils under organic and conventional farming system (Sheoran, 2018)

Conclusion

The study concluded that conversion of land from conventional to organic farming found to have better soil quality in terms of physical, chemical and biological properties which is essential for enhancing soil productivity and other functions of soil in the given ecosystem. In the present agriculture scenario, organic farming may be adopted or promoted as an alternative to the conventional farming practices for sustainable use of natural resources, particularly, with respect to the impending global food safety coupled with climate change.

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